

Advanced (Basic + Master) Esthetics - 1200 Clocked Hours

The Advanced Esthetics course is designed to include the 750 hours of esthetics topics and the 450 hours of master esthetics topics. You will receive theory in patient assessment, dermatology, and lasers. Are you a licensed esthetician already? Licensed estheticians will enter the program as a transfer student and awarded 750 hours towards the 1200 required hours. The program is designed to prepare the student for the professional licensing requirements of the Washington State Board Master Esthetics Combined Exam.

	Minimum hrs	
	Theory	Practical
Skin Care (compresses, message, facial, wraps, masks, exfoliation, use of electrical or mechanical appliances or chemical compounds)	30	150
Facials	30	160
Temporary Removal of Superfluous Hair (tweezing, waxing, tape, chemicals, lotions, creams, sugaring threading, mechanical or electrical apparatus and appliances)	20	55
Business	10	
Cleaning and Disinfecting (work stations, equipment and tools, Proper use and storage of linens)	25	125
Safety and First Aid (proper use and storage of chemical, Implements and electrical appliances as it relates to esthetics)	20	50
Diseases and Disorders of the Skin	25	50
(Sub Total)	(160)	(590)
Advanced Theory of Esthetics and Care of the Skin (including Business)	270	
Exfoliation and Medical Esthetic Procedures	45	
Laser, Light Frequency, Radio Frequency	40	
Ultrasound and Plasma Practices	5	
Medium Depth Chemical Peels	10	
Advanced Client Assessment (Documentation and Indications/Contraindications)	5	
Advanced Diseases and Disorders of the Skin	20	
Advanced Theories (Including Alternative, Touch and Spa Body Treatments)	15	
Pretreatment and Post-treatment Procedures	5	5
Lymphatic Drainage Massage	5	5
Advanced Facial Massage	5	15
Sub Total	585	615
Total		1200

Note not all training may be on mannequins.

INSTRUCTIONAL METHODS and GRADING PROCEDURES

The Washington State Board of Cosmetology requires the completion of 1200 hours of training to qualify graduates to apply for the Washington State licensing examination for Master Esthetics. Students begin with classroom theory and practical sessions. Upon satisfactorily completing all of the beginning practical competencies (a handbook of approximately 150 hours of practical activities), the student will progress to the salon floor to begin servicing clients in all phases of esthetics. Laboratory/Clinic and practical assignments are graded using a Consultation Work Sheet. Master Esthetics is taught through lectures, demonstration, visual aid, practice and on occasion, guest speakers. Use of Laser technology (theory only) is provided through demonstrations by qualified professionals either in person or video. Written tests are multiple choice format. Students are required to pass a final written and practical test with a satisfactory grade (80% or above) before graduation. Students upon satisfactory completion will receive a "Certificate of Completion".

Career Opportunities Include: Skin Care Specialist, Laser Hair Removal Technician, Dermatologist Assistant, Brow Bar Specialist, Facial Expert, Instructor, Manufacturing Representative, Platform Artist, Booth Renter, Salon Owner

GRADING SCALE by Activity

	Handbook Grade (first 75 hrs)	Clinic/Salon Floor/Lab	Theory Tests (All levels)
Excellent Progress	93-100%	93-100%	93-100%
Above Satisfactory	87-93%	87-93%	87-93%
Satisfactory Progress	80-87%	80-87%	80-87%
Failing, Needs Attention	79% or below	79% or below	79% or below
Needs Improvement	Re-train	Re-train	Re-train